Membership & affiliateship 2026-2027

Benefits of joining Meaningful Ageing Australia

The peak body for emotional wellbeing and spiritual care in aged care

REGISTERED CHARITY
acnc.gov.au/charityregister

Meaningful Ageing
AUSTRALIA

MEMBERSHIP AND AFFILIATESHIP 2026-2027

Meaningful Ageing Australia is the peak body for emotional wellbeing and spiritual care for older people

One significant misconception about spirituality is that it only pertains to a select few or is synonymous with religion, which may lead some to believe it doesn't apply to them or their organisation.

However, spirituality is a fundamental aspect of the human experience, integral to quality of life and care outcomes.

It focuses on meaning and connection in people's lives, reflecting relationships with oneself, others, nature, creativity and a sense of something greater.

- Spiritual care recognises and supports individual values, fostering meaning and hope.
- It is crucial for high-quality care and support of people as they age, including those living with dementia.
- The World Health Organization links spirituality to quality of life, with research showing it predicts well-being in older people.

Meaningful Ageing Australia offers resources like The National Guidelines for Spiritual Care in Aged Care as well as evidence based tools, resources and learning opportunities to help organisations and professionals integrate spiritual care into their work.

The goal is to enhance emotional well-being for older people and for organisations to foster a culture that embraces diversity and supports their workforce in holistic person-centred care.

I hope you will join us.

Rachael Wass
CEO, Meaningful Ageing Australia

FULL MEMBERSHIP
For providers of care

Open to all Australian groups and organisations that provide support, care and/or accommodation for older people who are in need.

Key benefits

In a post-Royal Commission, incredibly regulated environment, you don't have the room for mistakes. You need curated contemporary information and expert resources that support you to provide what every client and their family wants: *emotional wellbeing and peace of mind that they will be seen as the unique individual they are*

Specialised advice

Exclusive access to expert advice on developing a culture that supports high quality spiritual care, including specialist coaching for leaders

Peer based learning

Our monthly Community of Practice is peer-to-peer learning at its best as each meeting includes small group breakouts to share and cross-pollinate ideas and best practices.

Evidenced resources

Practical resources specific to Australian aged care that are based on leading contemporary research and developed alongside trusted professionals – all done for you to simplify how to implement with no need to double-check if it's relevant.

Aligned advocacy

Representation in all our advocacy and engagement efforts, including as part of our membership of NACA (the National Aged Care Alliance)

Organisational change

Professional development events for all levels of staff

Why join MAA?

- Your membership is designed to support you and your strategic objectives: it serves everyone from leadership to care workers on the floor, with an emphasis on multidisciplinary approaches to support holistic and human-centred services
- Get direct access to leading minds in wellbeing & ageing through our dedicated professional events and webinars
- Be part of like-minded community of professionals, representing both faith-based and secular service providers

Meaningful Ageing AUSTRALIA

INTERNATIONAL AFFILIATE

For *international* providers of aged care services

Open to all international groups and organisations that provide support, care and/or accommodation for older people who are in need

Key benefits

There are some truths that go beyond borders. *One of those is* that every older person who is receiving clinical care has the right to also receive spiritual care that allows them to live with peace of mind, optimism and meaning

Plug and play resources

Access to >300 growing evidence-based resources (pdf editions and one-pagers)

Professional network

Invitation to be part of special interest groups as well as our regular professional development programs

Learning & development

Access to e-modules and programs via MAA learning management system, unlimited users and reporting

Why choose MAA?

Our credibility in this sector: we created the National Guidelines for Spiritual Care in Aged Care – a world first in 2018

- Sets out concrete and tangible ways that aged care providers can create an environment where spirituality can flourish
- Details an evidence-led framework for best practice in spiritual care
- Covers the domains of organisational leadership; relationships and connectedness; identifying and meeting spiritual needs; ethical context; and enabling spiritual expression
- Allows you to assess the current state of the organisation and serve as a comprehensive guide to focus attention and effort

Meaningful Ageing AUSTRALIA

AFFILIATE ORGANISATION

For organisations supporting aged care or older people

Open to businesses, universities, RTOs, other peak bodies or organisations that provide advisory, research or advocacy for older people

Key benefits

Imagine a more inclusive, human and holistic aged care sector. *It's possible when we create a meaningful partnership and build a community of care changemakers.* Will you join us?

Expert advice

Prepared answers to the questions central to why spiritual care and emotional wellbeing is the right of every older person receiving care

Shared goals

Partner with a credible organisation that uplifts your own brand and gives you access to a large, highly targeted and receptive audience

Evidenced resources

Done-for-you resources (pdf editions and 1-pagers)

Why partner with MAA?

- Meaningful Ageing Australia resources are co-designed with other spiritual care practitioners to ensure they are actionable and relevant
- Our monthly Community of Practice is peer-to-peer learning at its best as each meeting includes small group breakouts to share and cross-pollinate ideas and best practices
- Access to research and academic papers hosted on the member-only section of our website

Meaningful Ageing AUSTRALIA

PROFESSIONAL AFFILIATE

For individual practitioners who support older people

Open to professionals providing spiritual care services, researchers, allied health delivery for older people

Key benefits

You need relevant and timely information that you can put into action – *information that is designed with spiritual care practitioners in aged care for spiritual care practitioners in aged care*

Expert advice

Prepared answers to the questions others have about why spiritual care is imperative

Professional network

Professional development opportunities and monthly peer-to-peer ‘mastermind’ discussions

Trusted resources

Resources you don’t have to double check because you can be certain they are relevant, actionable, and helpful

Why choose MAA to support you?

- Join a community of care change makers committed to change the negative narrative of aged care
- Our monthly Community of Practice is peer-to-peer learning at its best as each meeting includes small group breakouts to share and cross-pollinate ideas and best practices. One hour a month to not overwhelm you
- Access to research and academic papers hosted on the member-only section of our website

Meaningful Ageing AUSTRALIA

INDIVIDUAL SUPPORTER

For supporters of emotional wellbeing for older people

Open to people interested learning more about spiritual care for older people, consumers, or individuals supporting MAA's work.

Key benefits

What matters most to you? You want to connect with sources of meaning, purpose and resilience *or support someone you love* We want you to see the positive reflection of who you are and what is possible as you age

Holistic advice

We help older people and their families understand what holistic care looks like in an aged care

Clinical care is vital *So is spiritual care that values every individual, respects their experience and cherishes their right to feel peace of mind, optimism and safe to be who they are*

Authentic learning

We host webinars and other programs that see, celebrate and champion the wisdom and experience that only age can bring

Age with optimism

We can support you to acknowledge and build your spiritual and emotional wellbeing as you age so you can continue to find meaning, connection and optimism for themselves in their lives

Why support MAA?

- We are the peak body for spiritual care in Australian aged care. We support older people and their families in two important ways: how to retain the feelings, practices and beliefs that are most important to you as you age and how to prepare for the significant transition of needing to receive care
- We are a national community of changemakers, with links to other likeminded international bodies, who work to create an aged care sector that sees, celebrates and cares for the *whole* person

Meaningful Ageing AUSTRALIA

Join our community leading the world in holistic and emotional wellbeing for older people

How to join

Step 1

Complete the on-line application form on our website, select your member or affiliate type and submit

Step 2

Board approval sign-off is completed after application approval received (where required)

Step 3

Payment can be made directly on-line or via direct transfer Invoices will be generated and sent after application approval

Induction Process

A comprehensive on-boarding process is undertaken with key stakeholders of your organisation or individual membership

Quarterly meetings and member support

Quarterly check-in meetings are held for member delegates & international affiliates, in addition to day to day support

Connect with the community

Stay up to date through monthly news and engage on the discussion board to collaborate or resource development

Apply on line:

https://meaningfulageing.org.au/becoming-a-member/

Call **1800 618 107** Monday to Friday 9am - 5pm (Melbourne time) or email our member service team at admin@meaningfulage.org.au

Meaningful Ageing Australia acknowledges the Australian Aboriginal and Torres Strait Islander peoples of this nation and the traditional custodians of the lands where we conduct our work. We pay our respects to ancestors and Elders, past, present and emerging. We recognise their unique relationships to the land and waters and are grateful for their spiritual resilience and cultural wisdom.

Meaningful Ageing Australia supports person-centered care that is inclusive for all people. The intersex-inclusive Progress Pride flag is a reflection of recent conversations around inclusivity underneath the broader umbrella of the Silver Rainbow.

Meaningful Ageing AUSTRALIA