



Meaningful  
Ageing  
AUSTRALIA

# Board Nominations 2021

Statements of interest (in alphabetical order) for  
nominees to be voted on at the AGM on  
19 November 2021

## **Voting instructions**

- Only current directors, Meaningful Ageing staff and primary member representatives or their proxies will attend the first part of the AGM.
- Proxies will be acknowledged at the start of the meeting.
- Only primary member representatives or their proxies are entitled to vote.
- Voting will be held using the Zoom 'poll' function.
- You will be asked to choose up to three names for the three Director positions by clicking next to the person's name.
- Voting is confidential - our scrutineers will check the results and privately communicate this to the chair.
- The chair will announce the result of the election during the meeting.

**Nominee for Board – 2021**

**Nominated by:  
Pennwood Aged Care Services  
RSL Care SA**

**Name:**

Amanda Altman

**Details:**

Quality Manager  
Pennwood Aged Care Services



**Nominee statement:**

I would like to contribute to Meaningful Ageing Australia's goals, mission and vision as they strongly align with my own wish to create more focus on meaning and purpose in the lives of older people. Being so involved with MAA would be beneficial for Pennwood. The insight and focus that I would gain working closely with MAA's Board would flow on through our organization and I look forward to driving that more intentionally.

Aged care is a difficult industry to be in (especially the last 18 months!) However, I cannot really imagine myself doing anything else. Therefore, it is important for me to embrace opportunities to learn and grow within the industry and I would be very keen to gain experience at the governance level and use my skills and knowledge to add value to your Board and organisation at the same time.

**Bio:**

Much of Amanda's working life has been dedicated to aged care. She started her aged care career in the community sector managing various programs for not-for-profits and local government. The programs were aimed at creating community connections and well-being for older people. Amanda became an assessor for the Aged Care Standards and Accreditation Agency, which afforded her the opportunity to assess hundreds of different facilities and learn from each home.

Amanda finished her Master's degree in Health Industry Management and currently works as the Quality Manager for Pennwood Aged Care Services, a stand-alone 80 bed aged care facility and home care services for the Serbian Community Welfare Association SA. She works closely with the CEO to ensure they are providing the best care and services to residents. Amanda brings expertise in quality improvement methodology, accreditation process, administration and aged care operations.

**Nominee for Board – 2021****Nominated by:  
Brightwater Care Group  
Hall and Prior****Name:**

Andrea King

**Details:**Allied Health Manager  
Brightwater Care Group**Nominee statement:**

I am interested in the role of Board Director for Meaningful Ageing Australia because I totally align with the organisation's values and purpose. Elevating and promoting the concept of spirituality as central to every aspect of a person's life as they age, is critical in creating a truly person centred and contemporary aged care system. In my organisation, I have led development of contemporary Dignity of Risk processes and remodelling of our organisation's approach to managing 'responsive behaviours' to be named 'Wellbeing and Behaviour' – all aligned to truly understanding the person deeply and creating a way to support them by using this knowledge. I incorporated governance over understanding the person's 'why' so we can support our clients to their best life. While I champion change in order to do this in my role at Brightwater, I would relish the opportunity to contribute to and develop and strategize this approach at a national level..

**Bio:**

Andrea is a Physiotherapist of nearly 30 years, having specialised in tertiary health in the areas of neuro, Acquired Brain Injury and Late Effects of Disability for most of that time, in Melbourne, UK, Toronto and Perth. Andrea has worked clinically for the majority of that time, but also scoped and established multidisciplinary teams in the neuro/aged setting. In the last 6 years she led, created and developed large teams of Allied Health in tertiary rehab (State Rehabilitation Service, Fiona Stanley Hospital) and now aged care/disability. Andrea moved to the not-for-profit aged care/disability provider, Brightwater, over 3 years ago, where she has strategic, governance and operational responsibilities. She has created and led change in process and governance to elevate the human rights of the client, where their dignity, spirituality and choices are at the core of the work, while supporting her teams to ensure they are accountable and thriving in the space of Aged Care Standards and NDIS Quality and Safeguarding.

**Nominee for Board – 2021**

**Nominated by:  
ECH Inc  
Villa Maria Catholic Homes**

**Name:**

David C Panter

**Details:**

Chief Executive  
ECH Inc.



**Nominee statement:**

I am a passionate proponent of the human rights of all people. Key to this is the notion of 'self-determination', which can often get overlooked as we age. Having control of your life until death is critical to one's sense of self and it is therefore vital, to me, that care and support services and the community in general do not lose sight of this. To do so is to the detriment of older people, particularly when we fail to consider their needs holistically. A holistic approach recognises the role and importance of spirituality, however they define this, in a person's life. I believe Meaningful Ageing Australia has an important role to play in enabling its members, the wider aged care sector, and the community in general, to acknowledge and celebrate the role of spirituality in a person's life to the very end.

**Bio:**

David originally trained as a psychologist and has worked in health and social care in both the UK and Australia for over 42 years, half of which as a Chief Executive. In the UK, David initially worked in the NHS in London across acute, community and primary care services and more latterly in local government, where he was CE of Brighton & Hove City Council on the South Coast of England for a number of years before moving to Australia. In 2004, he was recruited to the South Australian public health system where for over 10 years he led reforms, including the development of the new Royal Adelaide Hospital. David is currently the Chief Executive of profit-for-purpose ECH (Enabling Confidence at Home), SA's biggest provider of affordable housing and home care services for older people.

David's service experience includes the following:

- 2018 – current Member of Every Age Counts Coalition Steering Committee
- 2017 – current Elected Board Director of Leading Aged Services Australia (re-elected 2020)
- 2017 – current Elected Board Director of Australian Council of Social Service (re-elected 2021)
- 2016 – current Elected Chair of South Australian Council of Social Service (re-elected in 2018 & 2020)
- 2007 - 2011 Elected President, Australian Healthcare and Hospitals Association (two successive terms)
- 2001 - 2004 Board member, Local Government Assoc. (UK)
- 2000 - 2003 Member, UK Government's National Older Person's Task Force
- 2000 - 2001 Member, UK Government's NHS Modernisation Action Team
- 1996 - 2001 Board member, NHS Confederation (UK)

**Nominee for Board – 2021**

**Nominated by:  
Belvedere Aged Care  
Tallangatta Health Services**

**Name:**

Melissa A Watson

**Details:**

Client Account Manager  
Management Advantage: Manad Plus Aged Care  
Software



**Nominee  
statement:**

The greatest privilege in my life has been the experiences and loving relationships held with my four grandparents. Each relationship and the connections were as unique and individual as my grandparents were themselves. Through these connections, I developed a lifelong passion to build experiences of ageing that fosters value, respect, a sense of purpose and connectedness, and I feel a strong alliance with the Meaningful Ageing Australia organisational values and mission statement.

I have undertaken significant study in the past decade to ensure my personal passion could align with my professional ambitions. I have a Masters in Business Administration (MBA) and will graduate as a registered nurse in November 2021. I have considerable experience as a leader in the health sector, from public health, health insurance, residential aged care and community. I am passionate, driven and ready to hone my skills to support Meaningful Ageing Australia deliver on its mission.

**Bio:**

Melissa is a respected healthcare management professional with extensive leadership experience and a strong focus on change and strategic management. She has the ability to identify and manage risk, influence change, and develop and deliver on strategy. She is a transformational leader, accomplished in forging solid relationships to deliver on organisational strategic objectives. Melissa is passionate about the development and execution of holistic care systems that foster dignity, choice, and quality of life in our ageing population.