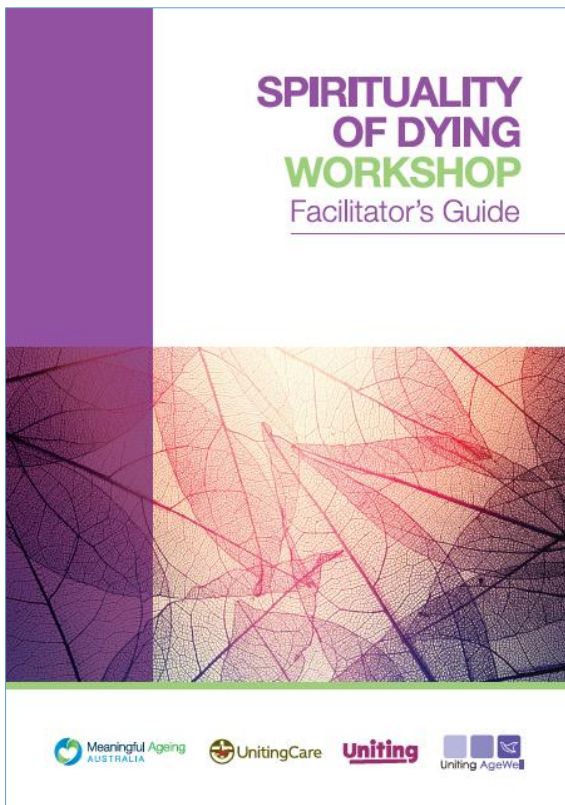


# Spirituality of Dying Workshop: Facilitator's Guide



'Spirituality of Dying Workshop: Facilitator's Guide' supports aged care organisations to offer an introductory 60 minute workshop.

It is designed to be used in the workplace for all staff to extend their understanding of the dying phase of life and the importance of spirituality for human living and dying; as well as how to facilitate and make meaningful connections with the dying person, their significant others, and the rest of the care team.

On completion of this workshop, participants will have a range of practical skills, and an enhanced awareness, which will deepen their care of those at end of life. They will:

- Have increased their awareness of their own personal experience of/thoughts about dying, and how this will influence their practice including self-awareness and self-care
  - Be more comfortable with identifying the terminal phase of dying (BONUS SECTION)
- Have refreshed their understanding of spirituality and spiritual care, and its importance at the end of life, including increasing their awareness of how cultural understandings and practices, and the associated rituals, influence dying, and discussing appropriate rituals and consideration of spaces
  - Have increased their skills in communicating with the dying person, their significant others, and the team with whom they are working.

It is recommended that team members complete at a minimum an orientation to spiritual care and introduction to loss and grief before engaging with this resource.

A number of supporting handouts and PowerPoint are available for download.

To order your copy, please visit our resources portal.

*"The information on recognising dying was very helpful."*

Trial participant