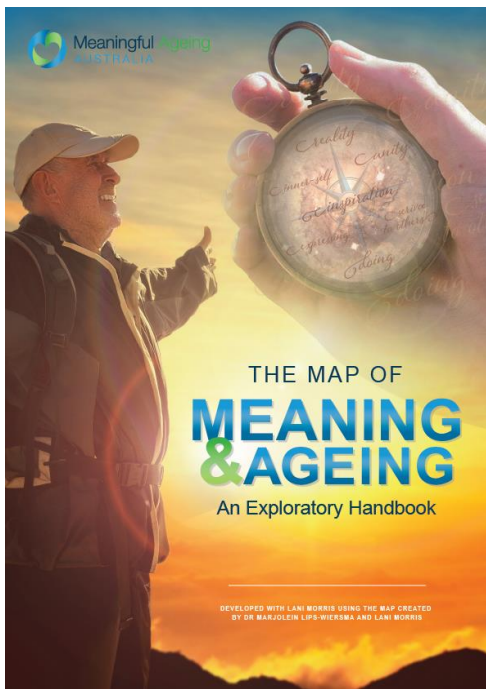


# Map of Meaning an Ageing: Handbooks

## Handbook 1: Planning meaningful activities

## Handbook 2: Self-reflection for seniors



Meaningful Ageing Australia is delighted to be working with Lani Morris on an 'ageing' application of the evidence-based tool – Map of Meaning.

During 2019, we are preparing two handbooks:

- One is for service providers, to assist them to work with older people on connecting with meaning and also to provide a practical way for providers to plan for meaningful activities in partnership with the people they are supporting.
- The second is for self-reflection to assist seniors to get in touch with meaning in their own lives.

The provider handbook is due for release in August 2019 with the self-reflection version to follow

### Further learning:

Our workshop on the Aged Care Quality Standards and planning meaningful activities makes use of the Map and content from the planned handbook.

Visit the resources portal from August 2019 to complete your order.

Sign up for our free newsletter to ensure you hear about the launch of these great resources.