



## National Guidelines for Spiritual Care in Aged Care

*“The National Guidelines have helped [us] see that there are better ways of structuring our organisation to give greater meaning and purpose to the lives of older people”*

– Member Survey

- Launched by Nick Ryan, CEO AACQA August 2016
- It is clear that spiritual well-being in older people has a positive impact on their emotional well-being and adjustment to illness and treatment (Mackinlay, 2001)
- During the past decade there has been an escalation of interest in spirituality across the healthcare sector, with a corresponding increase in evidence for the relevance and efficacy of spiritual care (Koenig et al 2012, Cobb et al 2012)
- The Guidelines were funded by the Australian Government Department of Health. Project partners included Meaningful Ageing Australia, Spiritual Health Victoria and NARI

**These National Guidelines were needed both to guide best practice service provision and build the confidence of the workforce.**

A full copy of the Guidelines, Stakeholder Consultation, Literature Review and other supporting material can be found in the public section of our website at [www.meaningfulageing.org.au](http://www.meaningfulageing.org.au)

## Order now!

**Printed copies of the Guidelines can be purchased** by contacting [admin@meaningfulageing.org.au](mailto:admin@meaningfulageing.org.au) (minimum five copies per order)



Meaningful Ageing Australia is releasing a rolling series of tools to assist members, in the first instance, with implementation.