

Meaningful Ageing Education

The building block for integrated spiritual care is effective education.

There are many ways to access high quality training and development with our specialists:

- Attend a Meaningful Ageing seminar when we come to your area (discounted for members)
- Watch a video in the Member's Zone (members only)
- Arrange a tailored package for your needs (fees may apply)

"It is clear that spiritual well-being in older people has a positive impact on their emotional wellbeing and adjustment to illness and treatment" (Mackinlay, 2001)

We can run train-the-trainer sessions as well as direct education

We can engage with leaders as well as front line staff

It is now recognised that providing spiritual care for older people is an **essential** part of person-centred care. For many, this is a new aspect of their role as a carer or leader, but one that provides great benefits for the carer and those being cared for alike.

"The seminar had great speakers, that stimulated new thoughts, very useful indeed." – Melbourne participant

"Encouraging, informative, challenging and motivating." - Brisbane participant

For more information go to meaningfulageing.org.au/resources