

PILOT SITE EXPERIENCE

○ Our Experience:

- ❖ Benefits of the Guidelines
- ❖ Conducting a Self- Assessment
- ❖ Creating an Action Plan
- ❖ Finding Synergies in the Organisation



National Guidelines
for Spiritual Care
in Aged Care



Spiritual Health Victoria

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BENEFITS OF THE GUIDELINES

- ❖ **The Guidelines provided a platform and framework to:**
 - **Evaluate** our organisations philosophy, principles, policies and practices
 - **Engage** a diverse group of stakeholders across the organisation
 - **Deploy** creative thinking focused on spiritual care
 - **Develop** action plans that address identified gaps
 - **Implement** change through collaboration, ownership and feedback



SELF-ASSESSMENT

- ❖ **5 Domains of Spiritual Care - Assessed & Rated Alignment to Outcomes in 3 Domains**
 - **Domain 1: Organisational leadership and alignment**
 - *Identified Gap* - spiritual training commensurate with staff role lacking... (R1)
 - **Domain 3: Identifying and meeting spiritual needs**
 - *Identified Gap* – No unified approach to spiritual care in inter-disciplinary team ... (R2)



- Include all stakeholders to achieve buy-in
- Conduct a thorough analysis of what exists so synergies can be identified
- Establish a safe space to be honest with how things are, the aim is to improve



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ACTION PLAN

❖ What actions are needed to address this gap?

- **Action 1:** Train staff on the job; spiritual care is a way of working not a separate aspect
- **Action 2:** Develop and document better practices in interdisciplinary team work



- Start with divergent thinking, the more ideas the better, converge later
- Seek engagement and involvement from senior managers
- Implement actions with SMART goals
- Where synergies are identified collaborate to achieve effective outcomes

Share relevant example...



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POSITIVE WELLBEING MODEL



Aim

Enhance wellbeing for all
and to support them to
“live life to the full”

*I have come that they may have
life, and have it to the full.*

John 10:10



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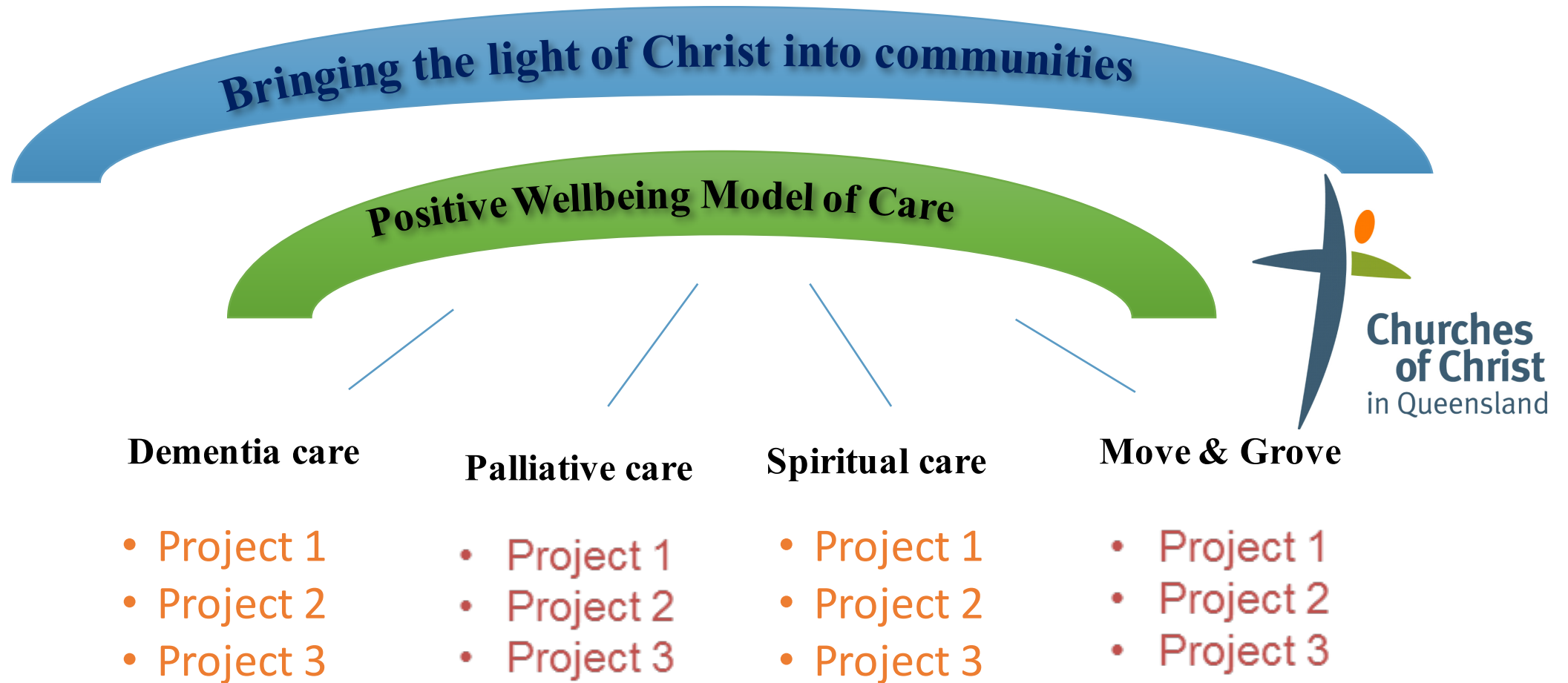
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TRANSITION INTO PRACTICE



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IDENTIFY SYNERGIES

Positive Wellbeing Model of Care

Dementia Care

- Dementia care framework
- Dementia specific church service (RAC & community)
- Dementia dynamics toolkit
- Active Volunteers in Dementia project (AVID)

Move & Groove

- Fun and fitness DVD
- Fitbit technology
- HUR exercise equipment
- Stretch band exercises

Palliative Care

- Palliative Care Approach
- Palliative Care Toolkit

Spiritual Care

- Chaplaincy & scope of practice
- Dementia specific church service (RAC & community)
- **NGSCAC**

Informed by individual preferences



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